

JUST A FEW OF LASHEA'S CLIENTS ACROSS THE U.S.

Nicole's Pet First Aid and CPR: Jacksonville, North Carolina

Legacy Leadership Consulting: Grand Rapids, Michigan

Jacksonville Onslow Chamber of Commerce: Jacksonville, North Carolina

Military Mom on A Mission: Lancaster, California

Trans Freight Logistics of Texas Dispatch Service: Bryan, Texas

Animal House Doggie Day Camp: Jacksonville, North Carolina

TNT Non-Medical Transportation Services: Houston, Texas

LASHEA CAVERS

Synergy Innovative Solutions CEO/Owner

BIO

Lashea Cavers is a veteran with 20 years of service. She retired from the Marine Corps in 2016 and resides in Jacksonville, NC. She is a dynamic and motivated professional who generates and builds entrepreneurial relationships, manages projects from concept to completion, coaches individuals to success and promotes professional/ personal development. She is skilled, creative, and innovative.

Lashea graduated from Campbell University with a Bachelor's degree in Psychology and a minor in Business Administration. She is currently enrolled at The Chicago School of Professional Psychology and will earn a Master of Arts degree in Industrial and Organizational Psychology in May, 2022. Following graduation, Lashea plans to continue her education in their Doctoral program where she will earn her Ph.D. in Business Psychology and Consulting.

Lashea is the owner of Synergy Innovative Solutions, LLC, an organization that offers business and consulting services to new and existing business owners and entrepreneurs.

Lashea is highly involved in the Onslow County business community and was named a Legend of Onslow in 2018. She earned the Jacksonville Onslow Chamber of Commerce Ambassador of the Month several times and received nominations for Ambassador of the Year and Golden Rule Lightkeeper awards. During her military career, Lashea earned (1) Navy and Marine Corps Commendation medal, (4) Navy and Marine Corps Achievement medals, (6) Good Conduct medals, (2) Iraq Campaign medals, (1) Global War on Terrorism Service Medal, (1) Humanitarian Service Medal, and (1) Volunteer Service Medal.